

## Month One - Video #7

## **Amalgam Filling Removal**

- 1. Go to the removing the source tab up above and print out "Amalgam Filling Removal Protocol".
- 2. It is imperative that you have a biological dentist trained in the proper technique for removing amalgam fillings. Here are two great sources to find one close to you.
  - a. IABDM International Academy of Oral Medicine and Toxicology
  - b. IAOMT International Academy of Biological Dentistry and Medicine
- 3. Follow the protocol as outlined to the "T" to minimize exposure while having your amalgams removed. This would be repeated if you are having the amalgams removed over multiple appointments.